



UNIVERSITÀ  
DEGLI STUDI  
DI PADOVA | Dipartimento  
di Psicologia  
Generale



## David F. Marks

Tuesday 17 October h. 12.30-14.00  
Aula EF9 ExFiat Via Venezia 13, Padova  
**Critical health psychology**

A general introduction To Critical Health Psychology followed by a critical analysis of a controversial clinical trial called the PACE Trial, which evaluated therapies for patients with Chronic Fatigue Syndrome or Myalgic Encephalomyelitis (ME/CFS). This will illustrate problems with the traditional top-down approach to medical research and the need to involve the patient community.

Wednesday 18 October h.11.00-12.30  
Aula T4 Via Venezia 16, Padova  
**Homeostasis theory of obesity**

An illustration of a new theoretical explanation of obesity based on the concept of homeostasis, a property of all living things. According to this new theory, homeostatic imbalance includes the 'Circle of Discontent', a system of feedback loops linking weight gain, body dissatisfaction, negative affect and over-consumption. The theory is consistent with an extensive evidence-base of cross-sectional and prospective studies.

David F. Marks is an expert in the theory, research and practice of Health Psychology. He founded the International Society of Critical Health Psychology and has published 25 books and 200 scientific paper. He is the editor of the Journal of Health Psychology and Health Psychology Open.